



APPLIED BEHAVIOR ANALYSIS (ABA) SERVICES:

Applied Behavior Analysis (ABA) is a scientific framework grounded in principles of learning and behavior. It serves as the foundation for a wide range of behavioral interventions designed to improve socially significant behaviors. ABA techniques systematically examine the relationship between antecedents (events or conditions that precede a behavior), and consequences (outcomes that follow the behavior) to promote meaningful and lasting change.

At **Balance ABA**, our Board Certified Behavior Analysts (BCBA) offer individualized ABA services for children with a diagnosis of Autism Spectrum Disorder. Treatment can be provided in the home, school, and community settings based on your child's needs and the behavior analyst's recommendations. Treatment tailored to unique needs and guided by thoughtful clinical recommendations is our top priority. Our interventions aim not only to support meaningful behavioral growth, but also to enhance the overall quality of life for both children and their families.

We believe that families are essential partners in the therapeutic process. Active parent involvement plays a powerful role in strengthening outcomes by promoting consistency, reinforcing skills, and extending progress beyond formal sessions. That's why your BCBA will also collaborate with you to set meaningful goals, ensuring that family support is woven into every step of the treatment journey.

We offer a variety of ABA-based therapies tailored to meet each child's unique needs. These may include Discrete Trial Training (DTT), Analysis of Verbal Behavior (AVB), Natural Environment Training (NET), Functional Behavior Assessments (FBA), and Social Skills Training. Your child's treatment plan will be thoughtfully developed in collaboration with your BCBA to ensure the most effective approach.

Therapy is typically scheduled 1 to 5 times per week, with sessions ranging from 2 to 8 hours depending on your child's goals and availability. Most children benefit from 20 to 40 hours of therapy per week to achieve meaningful progress. In some cases, sessions may be scheduled during school hours, and we're happy to work with school administrators to coordinate services that support your child's development across environments. Some children also benefit from treatment in the community which can be provided on a case by case basis.

New Patient Insurance Eligibility Check Form

Section 1: Client Information

Full Legal Name (First, Middle, Last):			
Date of Birth	MM/DD/YYYY	Gender (Optional):	Male / Female / Other / Prefer not to say
Parent/Guardian Name		Relationship to Client	
Phone Number		Email Address	
Parent/Guardian Name		Relationship to Client	



Phone Number		Email Address	
Emergency contact name:		Emergency contact phone number:	

Preferred Contact Method: Phone / Email / Text

Section 2: Address

Street Address:		
City:	State:	ZIP Code:

Section 3: Insurance Details

Insurance Provider		Insurance Phone <i>(from back of card):</i>	
Member ID #:		Group ID #:	
Policyholder's Full Name			
Policyholder's DOB		Policyholder's Relationship to Client	

- ***Attach copy of Front of Insurance Card***
- ***Attach copy of Back of Insurance Card***

Section 4: Additional Information

Diagnosis (if known):		Referring Physician:	
Level:		Currently Receiving ABA Services Elsewhere?	Yes / No

School schedule (if applicable):

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday



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Reason for referral:

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Consent Section

I authorize Balance ABA LLC, to contact my insurance provider to verify benefits for ABA services. I understand that verification of benefits does not guarantee payment and that I will be notified of my coverage details. ☐ I Agree

The following documents have also been submitted:

- A copy of your insurance card front and back.
- The referral letter for ABA and referring physician contact information.
- The diagnostic report confirming ASD 299.00 (F84.0)

Signature: _____ Date: _____